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If you have any questions or need assistance with registering, please email OpioidResponseIC@CFRhelps.org

FREE & OPEN TO THE PUBLIC VIRTUAL TRAININGS

Wednesdays at 11:30am
& Thursdays at 2:00pm
May 22nd through June 25th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY 18	19	20	21	22 Opioid Overdose Education & Naloxone Training	23	24
25	26 Memorial Day	27	28 Substance Abuse 101	29 Stigma Associated with Substance Use Disorder	30	31
JUNE 1	2	3	4 Understanding Addiction & Recovery	5 Kratom Education	<div> <p>Dump the Midday Slump 2:00-3:00pm</p> <p>It's hard to stay productive in the early afternoon, so why not make good use of that time by trying to learn something new?</p> </div>	
8	<div> <p>Hump Day Lunch 'n' Learns 11:30am-12:30pm</p> <p>BYOL (Bring Your Own Lunch) and let us feed your brain while you feed your body.</p> </div>		10 Opioid Overdose Education & Naloxone Training	11 Substance Abuse 101		
15			17 Kratom Education	18 Trauma-Informed Care for the General Public	19	21
22	23	24	25 Reducing Stigma in the Healthcare Community	26	27	28

- ■ **Opioid Overdose Education & Naloxone Training:** Overview of opioids & overdose, how to obtain and administer naloxone
- ■ **Substance Abuse 101:** Commonly misused substances and how they impact the body
- **Understanding Addiction & Recovery:** Information for Family, Friends, and Caregivers
- ■ **Kratom Education:** Basics about Kratom, how it's used, and how it affects the body
- **Stigma Associated with Substance Use Disorder:** What stigma is, how it affects people with SUD
- **Reducing Stigma in the Healthcare Community:** What stigma is, how health workers can avoid it
- **Trauma-Informed Care for the General Public:** Effects of trauma, how anyone can help